



# Collection list for the Refugee Camps in Europe

## Food

All food in 6 months date with no glass jars or bottles, (halal/suitable for vegetarian):

- ✓ Tinned: Tomatoes, Kidney beans, Chickpeas, Fruit, Fish etc...
- ✓ Cooking oil
- ✓ Rice
- ✓ Biscuits
- ✓ Baby Food
- ✓ Red Lentils (Dry)
- ✓ Salt & Sugar
- ✓ Coffee, Teabags & Long life Milk & Fruit Juice
- ✓ Boiled sweets for kids
- ✓ Spices, powder or dry, chilli, ginger, black pepper, coriander etc
- ✓ Dried fruit & nuts (especially dates)

## Other

- ✓ **Unlocked** mobile phones with chargers
- ✓ Powerbanks
- ✓ Tarpaulins
- ✓ Backpacks
- ✓ Wind-up torches, lanterns and batteries
- ✓ Blankets
- ✓ Sleeping bags
- ✓ Tents
- ✓ Rain proof poncho adults & kids

## Hygiene

All things new:

- ✓ Nappies & Adult incontinence pads
- ✓ Shampoo, Shower Gel
- ✓ Toothpaste and brushes

## Clothes

New / Good condition – clean and washed:

- ✓ Men's and Boys Coats / Ponchos
- ✓ Hats, Gloves and Scarves
- ✓ Jogging bottoms or jeans – sizes 26-34 waist
- ✓ Waterproof walking boots, sizes 38-45
- ✓ Underwear & Socks (new)

## Not required

Either they already have lots of these things, because there is no demand for them, or because they aren't appropriate

- ✗ Books
- ✗ Cutlery or Glasses
- ✗ Household Items
- ✗ Anything that is dirty, torn, or otherwise damaged
- ✗ Children's toys
- ✗ Women's summer or evening wear or High heels or Handbags
- ✗ Men's trousers larger than 34' waist
- ✗ Electrical goods
- ✗ Towels